



### Toothache

Rinse the mouth vigorously with warm water to clean out debris, and use dental floss to remove any food that might be trapped between the teeth. Place cold compresses on the outside of the cheek if swelling is present. Do not place aspirin on the tooth or gum. See your pediatric dentist as soon as possible.



### Fractured Jaws

Severe traumatic injuries in which there is usually swelling and difficulty in moving the jaws should be seen by an oral surgeon or emergency room immediately. Place ice compress on affected areas while in route.

### Other Dental Problems

Do not hesitate to call your pediatric dentist to question the severity of the problem, and to ask if and when the child needs to be seen.



### Tongue, Lip, Cheek Bite

Apply pressure to area to control bleeding. Place ice compress for any swelling. If a large cut is present, call your pediatric dentist as soon as possible or go to the emergency room.

### Chipped or Broken Tooth

Contact your pediatric dentist as soon as possible. Rinse the mouth with water and apply cold compresses to reduce swelling. If you can find the broken tooth fragment, it is important to TAKE IT TO THE DENTIST.

# Dental Emergency Procedures

### Tooth Knocked Out

**Permanent Tooth:** Find the tooth and gently rinse it in cool water. Do not scrub it or use soap. Put the tooth in the socket and hold it there with clean gauze or a washcloth. If you cannot put the tooth back in the socket, place the tooth in cold milk or the child's saliva (not water). Take the child and the tooth to your pediatric dentist IMMEDIATELY.  
**Baby Tooth:** Contact your pediatric dentist. Rinse the mouth with water and apply cold compresses to reduce swelling. Comfort your child. Do NOT put the tooth back in due to the potential of damaging the developing permanent tooth.



### Broken Space Maintainers, Braces, or Wires

If the broken appliance can be removed easily, do so. If not, try to cover the wires or bands, which are causing irritation with gauze or wax, and see your pediatric dentist as soon as possible for repair.



### Foreign Objects Between Teeth

Try to remove with floss, brushing, and vigorous rinsing with warm salt water. If this is not successful, see your pediatric dentist within a reasonable amount of time.



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